



### Clinic Sites

- Cranston\*** 721 Reservoir Avenue  
(401) 946-4250
- East Greenwich\*** At Absolute Fitness  
2727 South County Trail  
(401) 946-4250
- East Providence\*** At Healthtrax Fitness & Wellness  
15 Catamore Boulevard  
(401) 434-0200
- Pawtucket** In the Blackstone Valley Plaza  
727 East Avenue  
(401) 365-6800
- Providence\*** At the Jewish Community Center  
401 Elmgrove Avenue  
(401) 490-9780
- Warren** 611 Metacom Avenue  
(401) 245-9660

\* Aquatic Therapy Offered

**(877) RI-REHAB (747-3422)**  
**P (401) 946-4250**  
**F (401) 942-3960**

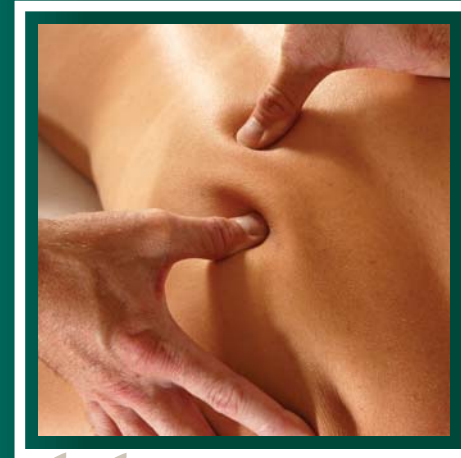
### Hours & Payment Info

Appointments are available  
Monday through Friday.

We offer early morning and evening visits to  
accommodate work schedules.

We accept most major insurances  
and offer affordable self-pay rates.

[www.RIRehab.com](http://www.RIRehab.com)



“Making Life Better...  
One Patient At A Time.”



**(877) RI-REHAB (747-3422)**  
[www.RIRehab.com](http://www.RIRehab.com)

MASSACHUSETTS

# RHODE ISLAND'S SOURCE FOR PHYSICAL THERAPY & WELLNESS PROGRAMS



## What Are The Benefits of Massage Therapy?

### Eases:

Pain, Overworked Muscles, Stress

### Encourages:

Energy, Healing, Alertness,  
Relaxation of Body & Soul

### Increases:

Joint Flexibility, Range of Motion

### Improves:

Digestion, Elimination,  
Absorption of Nutrients

## Massage Therapy May Improve:

- Arthritis • Carpal Tunnel Syndrome
- Chronic & Acute Pain
- Circulatory Problems
- Gastrointestinal Disorders
- Reduced Range of Motion
- Sports Injuries • Stress
- TMJ Dysfunction

## About Us

Rhode Island Rehabilitation Center (RIRC) has been serving Rhode Island for the past 20 years with locations in Cranston, East Greenwich, East Providence, Pawtucket, Providence, and Warren. Our RIRC massage therapists are state licensed certified professionals with over 500 hours of course work from accredited programs. Each massage session is tailored for an individual's needs, physical condition, and specific areas of pain. The massage treatment area is a comfortable, relaxing, private room with respect given to modesty at all times.



## Ask Us About Booking A Massage Appointment Today - Therapies Offered:

DEEP TISSUE  
SCAR TISSUE  
SHIATSU  
PREGNANCY  
REFLEXOLOGY

MYOFASCIAL RELEASE  
TRANSVERSE FRICTION  
ACUPRESSURE  
SWEDISH

NEUROMUSCULAR  
TRIGGER POINT RELEASE  
SPORTS  
CRANIOSACRAL THERAPY  
THAI YOGA MASSAGE

**(877) RI-REHAB (747-3422)**